



# The Arlberg Trail

## Highlights

- > Hike the sporting challenge Arlberg Trail
- > Overcome 40 km of hiking trails in spectacular alpine landscape
- > Enjoy comfortable hotels and a unique mountain experience

## Profile

- > From accommodation to accommodation
- > 8-Day Trekking in Difficulty 4
- > Good condition, surefootedness and a little head for heights required
- > With luggage transport

## Service

- > 3 nights in selected 3 and 4 star hotels, rooms with bath/shower and WC
- > 3x breakfast
- > Luggage transfer from hotel to hotel
- > Detailed route description and GPS data for the hikes
- > €30,- Jack Wolfskin voucher (booking until 31.08.2022)
- > ASI tour book

The Arlberg became world-famous as the „cradle of alpine skiing“. In summer, the area has so far been an insider tip for sporty mountain lovers. So it's time to go on a journey of discovery on foot. The region, in which the mountains of the Verwall Group, the Lechquellgebirge and a part of the Lechtal Alps merge into one another, is of impressive diversity of alpine landscapes. Lush green alpine meadows, rocks in various colours and structures, lakes and streams, snow and firn fields in the shady high valleys – you will be able to discover all this on your hikes. The new sporty Arlberg Trail connects all five Arlberg villages of Lech, Zürs, Stuben, St. Anton and St. Christoph in one round trip. In three stages and with the help of cable cars, you will experience a total of 40 km of hiking trails in a spectacular alpine landscape. You will be accommodated in selected hotels in the well-known towns of St. Anton, Stuben and Lech, whose different character will inspire you. Thanks to the daily luggage transport, you can enjoy the hikes with a light backpack.



**Trip type**  
Trekking trips, hiking holidays

**Minimum number of participants:**  
from 1 person

**Area covered**  
Austria


**Length of trip**  
4 days

**Travel Code**  
2ATINN50



## Day 1 Welcome to the Arlberg

Individual flight to Heraklion or Chania. Transfer to Paleochora either by taxi or by public transport.

 **Accommodation**  
Hotel „Die Arlbergerin“ ★★★★★  
St. Jakober Dorfstraße 11  
6580 St. Anton am Arlberg


## Day 2 St. Anton – Stuben


Your first stage of the Arlberg Trail starts with a ride up the Galzig. You walk comfortably on a wide path with a great view of St. Christoph am Arlberg in the direction of the pass. On the Berggeistweg you continue slowly, later a little steeper in serpentines on a saddle with a view of the mighty Pateriol.


Passing the Maroiseen you reach the Maroijoch after a short climb. With fantastic views of the Klostersalpe, your way leads you to the 2,089 m high Kaltenberghütte, where you deserve a refreshment. With a view of the Flexenpass and Zürs you hike from the hut over meadows and moors towards the valley. The path leads you steeper and steeper downhill past the Stubener See to your current stage location.

### Daily tour


 **Ascent**  
approx. 675 m

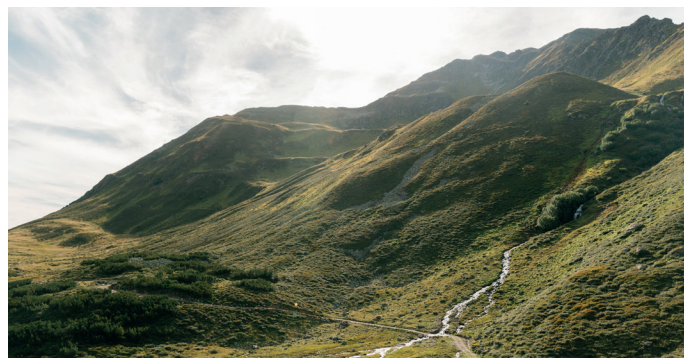
 **Descent**  
approx. 1350 m

 **Distance**  
approx. 15 km

 **Walking time**  
approx. 6:30 h

 **Meals**  
breakfast


 **Accommodation**  
Hotel „Haus Flexen“ ★★★  
Stuben 13b  
6762 Stuben am Arlberg AT





## Day 4 Lech – St. Anton, the royal stage of the Arlberg Trail


At the beginning of the day, the Rüfikopf cable car takes away 900 metres of altitude. Your most challenging stage of the Arlberg Trail begins at an altitude of 2,350 m. Above Lake Monzabon, it goes slightly down into the Ochsenzümpfle. In gentle ups and downs you hike through a magnificent bog landscape, before you cross the border between Vorarlberg and Tyrol at the Rauhkopfscharte. In a fantastic mountain backdrop, we continue to the Stuttgarter Hütte – time for a short lunch break. At the Erljoch, your goal seems to be within reach, but there is an intermediate descent to the Erlachalpe at 1,922 m, before you go steeply uphill again. Passing the Knoppenkarsee you climb up through a scree field and reach the Knoppenkar. From there it is only a few metres to the top station of the Vallugabahn, your final destination of the Arlberg Trail. Let your eyes wander once again over the panorama of the Arlberg and your completed stages. The Valluga and the Galzigbahn take over the 1,300 m downhill to St. Anton for you and your adventure Arlberg Trail ends.

### Daily tour

 **Ascent**  
approx. 1225 m

 **Descent**  
approx. 925 m

 **Distance**  
approx. 12.5 km

 **Walking time**  
approx. 6:30 h


 **Meals**  
breakfast




## Day 3 Stuben – Lech


From the picturesque Stuben, the gateway to the Arlberg, you climb on the Franz-Josef-Weg towards the Flexenpass, which forms the European watershed here. The trail now slopes slightly towards Zürs, where the Seekopfbahn cable car takes you to 2,212 m and the panoramic restaurant offers the opportunity for a refreshment. After Lake Zürsersee, the path climbs steeply uphill to a small wool grass plain. There are still a few meters of altitude up to the 2,450 m high Madlochjoch. With a view of Lech am Arlberg and the surrounding rocky peaks, the route leads you downhill via the Gstüatalpe to your next destination, the 1,450 m high Lech am Arlberg.

### Daily tour

 **Ascent**  
approx. 675 m

 **Descent**  
approx. 1150 m

 **Distance**  
approx. 13 km

 **Walking time**  
approx. 05:00 h

 **Meals**  
breakfast

 **Accommodation**  
Hotel Roggal ★★★★★  
Omberg 184  
6580 St. Anton am Arlberg

